



Florence Gans  
Healing Touch  
EFT, Life&Health Coach

*Pathways to pain free living*

## **FLORENCE GANS LIFE EXPERIENCE PORTFOLIO**

### **SKILL SET SUMMARY**

- **Personality Attributes:** Passionate about helping others; Insatiable quest for new knowledge to help people help themselves; Zest for life; Deep respect for the sacredness of life; Contagious enthusiasm; Huge laugh; Walk my talk.
- **Coaching Experience:** Graduate Coaches' Training Institute. Had own coaching practice since 2001.
- **Working with Groups:** Twenty-five years experience being a team leader, chief programmer, project manager, moderator, facilitator and trainer.
- **Health Care Consciousness:** Passionate about good health; Have own Healing Touch practice; Certified Healing Touch Practioner (CHTP); Healing Touch Certified Practioner (HTCP); Healing Touch for Animals Certified Practioner.

### **COACHING EXPERIENCE**

- 04/01 to present** Maintained international coaching practice since April 2001. Clients have included entrepreneurs, high tech and restaurant managers, lawyers, authors, accountants, and other professional coaches.
- 4/07** Speaker NCAPBC meeting: "EFT: Releasing the Fears and Beliefs that Block Success"
- 5/05** Speaker WBON meeting: "EFT: Releasing the Fears and Beliefs that Block Success"
- 5/04** Speaker at 2004 "Taking Charge of Your Life" Conference
- 4/04** Speaker at 2004 Southeast Regional ICF Conference
- 2002** Featured member spotlight Wake County Women Business Owner's Network <http://www.wakecountywbbon.org/memberspotlight.asp>
- 2001** Vice President of NC Association of Business and Professional Coaches (NCAPBC) ([www.nccoaches.com](http://www.nccoaches.com)). Took organization from random meetings with scant attendance to solid programs with attendance of 40-45 coaches per meeting.
- 01/01** Created PathMakers, Inc. S-Corporation for my coaching business

**Memberships Maintained:** International Coach Federation (ICF); Healing Touch International (HTI); Wake County Women Business Owner's Network (WBON); NC Association for Business and Professional Coaches (NCAPBC); Rhine Research Center



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### **WORKING WITH GROUPS**

Twenty-five years of experience working with groups as a Software Engineer with three companies on 14 major software projects in the following roles:

- Team Leader, Chief Programmer, and Project Manager on seven major software projects (6 years).
- Software Development Process Coordinator and Methodology Consultant (9 years).
- Trainer and Follow-Up Facilitator for dozens of Software Defect Prevention Process classes in three countries (7 years).

**Awards:** During 21 years with IBM received 22 Excellence, Management Appreciation, and other corporate awards between the years of 1984 and 1999.

### **HEALTH CARE CONSCIOUSNESS**

- 04/03 to present** Have private Healing Touch (HT) practice for humans, horses, cats and dogs
- 1990 to present** Avid fan of Andrew Weil, Deepak Chopra, Mercola, etc.
- 2006-2008** Companion, assistant and care giver to beloved Aunt Pauline who died April, 2008.
- 7/07** Became a **Healing Touch for Animals Certified Practitioner** by completing all four levels of the Healing Touch for Animals curriculum and completing their certification requirements.
- 5/05** Speaker "Introduction to Animal Energy" at Second Chance.
- 10/04** Became a **Certified Healing Touch Practitioner (CHTP)** by completing all five levels of the Healing Touch curriculum and the certification process.
- 2/04** Watched 4 knee replacement and one broken femur surgeries. (Self education for several of my arthritis HT clients.)
- 2003** Took the "Experiential Anatomy and Physiology for Healers" course in May and December (<http://www.anatomyforhealers.com/>).
- 1997-2000** Assisted Mother in caring for bed ridden Grandmother at home.

**Healing Related Conferences Attended:** University of North Carolina at Chapel Hill School of Medicine's "Improving Outcomes Through Integrative Practice"; Mastering Emotional Freedom Techniques for Serious Disease; Healing Touch Mid-Atlantic Regional Conference; Healing Touch International's "Healing Touch Around the World"; Duke Center for Integrative Medicine's "Women, Wellness, and the Transformation of Health Care".



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## **PROFESSIONAL ACHIEVEMENTS FROM 21 YEARS WITH IBM**

### **IBM Corporate Achievements:**

- Technical consultant to IBM LN CoC on development problems using Domino/Lotus Notes resulting in IBM Corporate License for Ives TeamStudio (12/97-12/98);
- Team Lead for start-up of Integrated Test Tool for Malcolm Kilmer organization which is now adopted by corporate (9/97-1/98);
- Team Lead IBM DPP CoC (96-2/98); DPP methodology adopted by software organizations across IBM (88-93); NCP received IBM site, division, and sustained quality awards in 1984, 1986, 1987, 1988, & 1989;
- Review tool adopted by Information Development across Raleigh Programming Lab (91-92);
- **Guest Speaker:**
  - RTP Lotus Notes User's Group:
    - "Accessing DB2 from Domino using NotesPump & MQSeries", Spring 1999, RTP;
    - Product Updates on Using Ives TeamStudio with Domino, Winter 1999, RTP;
    - Using Ives TeamStudio with Lotus Notes, Spring 1998, RTP;
  - TISQA (Triange Information Systems Quality Association), "IBM Defect Prevention Process", Winter 1999, RTP;
  - SPIN (Software Process Improvement Network), "IBM Defect Prevention Process", Fall 1994;
  - IBM Worldwide Software Development Conference on Quality and Process Improvements, "Using REVIEW at CPL", Spring 1991, WestLake, TX;
- **Published:** "Accessing DB2 Data with Domino", April 1999; "Deploying Domino Web Applications in a Secure Environment", 1998.

## **EDUCATION**

- Countless workshops: Meridians, Sound Therapy, Dowsing, Essential Oils, Crystals, Reflexology, Shamanism, Energy Medicine, Drum Making, Anatomy and Physiology, Medical Intuition, Tuning Forks, Audiophonetics **-2002 through present.**
- Certified in Healing Touch for Animals (HTA) (<http://www.healingtouchforanimals.com>) **July, 2007.**
- Certified in Healing Touch through Healing Touch International (HTI) ([www.healingtouchinternational.org](http://www.healingtouchinternational.org)) and Healing Touch Program (HTP) ([www.healingtouchprogram.com](http://www.healingtouchprogram.com)) **October 2004.**
- Completed Coaches Training Institute (CTI) (<http://www.thecoaches.com/>) **September 2001.**
- **BS (Computer Science)** - North Carolina State University, Raleigh, NC - **1981**  
75% self-financed college degree through work and scholarships. Dean's List Spring Semester 1978.